



NORDLAND NEWS

Nordland Lodge 5-544, 418 W Milwaukee St., Janesville, WI

March-April 2016

Volume 30, Issue 2

Fra Presidenten

As I type this letter, we are on the backside of Winter and Spring again is on the horizon. I know I sound like a broken record, but our thanks go out to all who serve for weekly Kiwanis meetings as Kiwanis is so crucial to the continued success of Nordland Lodge. As always, we can use more help on our teams, especially either first or second week as Alan Kjernes has been serving both weeks for quite some time. If you could sub for Alan one of those two weeks every so often I know he & I would be grateful.

Our March 20th Social meeting will be cutting stamps for Tubfrim as we cancelled our January meeting due to cold weather. We will be providing a pizza lunch and you may bring a salad, dessert, or cookies if you'd like.

Please look over the newsletter for information and upcoming events and if you have any suggestions or possible program topics for upcoming meetings, please contact Olga Fast or myself and we'll see if we can set up those programs.

I know I sound like a broken record, but we continue to see smaller numbers at our monthly Social meetings, so please make every effort to attend our monthly meetings for the continued success of Nordland Lodge. We always welcome any suggestions you may have to boost our attendance and we look forward to seeing you soon at the Lodge for our upcoming meetings and events!

FYI....2016 District 5 Convention and Lodge meeting will be Wednesday, June 22nd thru Sunday, June 26th at the Hotel Marshfield in Marshfield, WI. Nordland Lodge has elected 3 delegates and 3 alternates for the event but all are welcome to attend the many events and opportunities in the beautiful Marshfield area!

Tusen Takk!

William Hendrickson, President

Nordland Lodge #5-544, Janesville, WI

March-April Coming Events

March 20, 2016, 12:00 PM Business meeting will be held before the social meeting the lodge.

March 20, 2016, 1:00 PM. Social meeting at the lodge. We are rescheduling the January program which was cancelled due to the extreme cold. A pizza lunch will be provided and we will be cutting stamps for Tubfrim. You may bring a salad, dessert or cookies to go with the pizza. Bring Ole & Lena jokes or other fun things to share as we cut stamps.

April 5, 2016, 7:00 PM Business meeting at the Lodge.

April 20, 2016, 6:30 PM Social meeting at the Lodge with potluck supper. Program TBA

Genealogy

One of our own members, Deb Gosa, presented the program in February on Genealogy. Deb is very knowledgeable and teaches "Genealogy on the Internet" at Blackhawk Technical College. She has traveled to many of the most well-known genealogical research centers. While the Scandinavian countries are her main focus, she has also researched families from Germany, Ireland and others.

Deb had many suggestions of items to include in your family history as well as the basic information needed. She provided hand-outs with web sites available for your research. Everyone present participated in the program by sharing family stories and asking questions. If you were not at this meeting you missed out on a very informative and interesting program.

District 5 Convention

The 2016 District 5 Convention and Lodge Meeting will be held June 22-26 in Marshfield, WI. Delegates and alternate delegates were selected at the February meeting. You do not have to be a delegate to attend this convention. There will be several workshops, programs, local tours, golf and other sporting activities, meals etc. that are open to any member to enjoy. Consider joining Sons of Norway members from the entire 5th District (Wisconsin, Illinois, Michigan, Indiana, Ohio & Tennessee) for a time of socialization and learning about what all the Sons of Norway does for its members. More information will be coming on details .

Greg Ragan, FIC

Fraternal Benefits Counselor, Area Mgr.

8082 Harvest Hills Dr.

Roscoe, IL 61073-7515

815-623-8817 1-800-442-4146

E-mail: gregragan@aol.com

Bedre sent enn aldri.

(Better late than never)

Den som ler sist, ler best.

(He who laughs last, laughs best)

Norwegian Proverbs

Upcoming meetings and programs

The meetings during the winter months (January, February and March) are held on the third Sunday at 1:00 PM. This change was made especially to accommodate those that do not care to drive at night and in the cold. Most of us fall into that category now. If you do not drive much any more, please call one of the officers and we will arrange for someone to pick you up.

Since we had to cancel the January meeting because of cold weather, it has been re-scheduled for the March meeting, March 20 at 1:00 PM. You may bring a salad, dessert or cookies to go along with the pizza lunch that will be provided. This meeting will be quite informal with trimming of stamps for **Tubfrim**. Bring your Ole & Lena jokes or other fun things to share while we're cutting stamps.

Finn Brobakken from Snertingdal, Norway will not be able to come in March as planned. We are now looking at a fall date. Stay tuned for further information.

The April meeting will be on April 20th, the third Wednesday evening at 6:30 PM. We will have a potluck supper with a program following. The program is not finalized yet and if anyone has some good suggestions, we would like to hear about it. We're always interested to hear what you are interested in.

Notice: Nordland has new computer software that can be installed on 5 computers. That will enable more than one person to work on any of the seven programs available to us. This newsletter has been the result of two people entering news items and others will be able to when it is installed on their computer. We're still learning and we'd appreciate your comments on this collaboration.

Gratularer Med Dagen

MARCH BIRTHDAYS

7 Bruce Jones	11 Lorraine Solein
10 Clayton Foss	31 Karla Brekke

APRIL BIRTHDAYS

1 Frank Shuler	7 Jane Helmers
2 Olga Fast	15 Mary Carlson
3 John Torstveit	15 Terry Ostermeier
6 Hazel Ristow	22 Elsa Rockwell
7 Carol Fosshage	30 Ed Forslund

A stylized graphic with the words "Happy Birthday" written in a cursive, flowing script. The word "Happy" is in red and "Birthday" is in yellow, with a blue shadow effect behind the letters.

The mission of Sons of Norway is to promote, preserve and cherish a lasting appreciation of the heritage and culture of Norway and other Nordic Countries, while growing soundly as a fraternal benefit society offering maximum benefits to its members.

2016 Artic Race of Norway!

The Artic Race of Norway—the northern most professional cycling race in the world—has released the route for the upcoming 2016 race.

The 4th edition of the race will sprint to and from the Artic Circle, with two stages of the race taking cyclers above the Artic Circle and two stages below. The four stages of the race equal a total distance of 727.5 km (452.05 miles) over as many days.

On August 11 the race will begin in Fauske—the northern-most point of the race, although this year's event will begin further south than it has in previous years. Stage one will continue through the Saltstraumen Strait, known for its strong tidal waves, and pass three summits along the way. Cyclers will travel down to Rognan at the end of the first stage, completing a distance of 176.5 km (109.67 miles) on day one.

The second stage of the race, continuing on day two, will be the longest stretch of the race at 198 km (123.03 miles). During stage two, riders will travel along the coast where strong crosswinds will be a consistent challenge. Stage three will begin below the Artic Circle on August 13, and though it may be the shortest in distance, it is labeled as the queen stage, or most challenging stage of the race, due to a total of four climbs with the finish line atop the Korgfjellet summit.

The final stage of the race, beginning on the Artic Circle point in Polarsirkelen will continue on August 14, with several climbs in succession as riders head north toward the city of Bodø—the final checkpoint of the 2016 race.

For photos, videos and the latest race updates and details, visit the Artic Race of Norway website at <http://www.letour/artic-race-of-norway/2016/us>. (Sons of Norway Newsletter Service.)

Phone Numbers

If you have any questions or need to contact the Nordland Lodge, please call one of the phone #s listed below.

Bill Hendrickson, President	608-754-3751
Pat Mahlum, Secretary	608-365-1369
Olga Fast, Treasurer	608-879-2730

Important Reminders!

Scholarship Applications: Members of Sons of Norway Lodge #544, their children and grandchildren are eligible to apply for scholarships. A copy of Nordland's scholarship application is attached. Check the District 5 Website (sonsofnorway5.com) for information on other scholarships available through District 5 and Sons of Norway Foundation.

Cultural Skills: Check out Cultural Skills on (sonsofnorway.com) to help you decide which of these skills you would like to learn and to submit for inclusion in the District 5 contest which runs from January 1, 2016 through May 31, 2016. Some of you have started on a skill but just need to complete the forms for submission. sonsofnorway5.com is the District 5 website which gives specific information on the contest.

Sports Medals: If you are interested in walking, bicycling, skiing or other sports, you can keep track of the hours you spend and submit the forms in order to receive pins for those activities. The website has information needed for that too.

Recipes

In honor of St Patrick's Day here is a recipe from an "IRISH COOKING" cookbook I received.

Pat Mahlum

CORNED BEEF AND CABBAGE

1 head cabbage (1 1/2 pounds), cut into 6 wedges
4 ounces baby carrots
1 corned beef (3 pounds) with seasoning packet*
1 quart (4 cups) water
1/3 cup prepared mustard (optional)
1/3 cup honey (optional)

*if seasoning packet is not perforated, poke several small holes with tip of paring knife.

Slow Cooker Directions

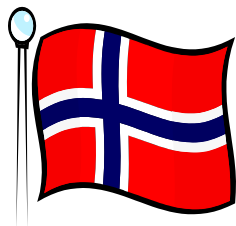
1. Place cabbage in slow cooker; top with carrots
2. Place seasoning packet on top of vegetables. Place corned beef, fat side up, over seasoning packet and vegetables. Add water. Cover. Cook on LOW 10 hours.
3. Discard seasoning packet. Just before serving, combine mustard and honey in small bowl. Use as dipping sauce, if desired.

Makes 6 servings.



Sons of Norway
Nordland Lodge 5-544
418 W Milwaukee St
Janesville, WI 53548

Printed March 4, 2016



Looking Ahead-5th District Events

January 1-May 31, 2016. Next Dist. 5 Cultural Skills Contest

March 19, 2016, Idun Lodge, Norway Center, 2262 Winnebago St, Madison. Spring Frokost/Bake Sale from 9 am-noon.

June 22-26, 2016– District 5 Convention and Lodge Meeting, Marshfield, WI

Nordland News

NORDLAND NEWS is the official publication of Nordland 5 -544. Nordland News is published bi-monthly by Nordland Lodge, 418 W Milwaukee St., Janesville, WI 53548. Annual membership in Nordland Lodge includes subscription to Nordland News.

President

Bill Hendrickson
921 Cornelia St
Janesville, WI 53545
608-754-3751

Deadline for next issue:

Editor

Olga Fast
406 N Pine St
Orfordville, WI 53576
608-879-2730

April 21, 2016

Events at our lodge are good reasons to invite friends and family to join us. When they enjoy being with us and doing the great things we do at the lodge, then maybe that would be the time to ask them to join. We need to continue working on building up our membership. **New Members Are Important to Nordland Lodge.**